

"Life is your journey. Travel drug-free."

Red Ribbon Week 2018

October 23rd-31st

Tuesday, Oct. 23rd

Show your spirit

- Wear red to show your stance on substance abuse
- Activities:
 - Volleyball game @ 1:45 (pending)

Uniform pants must be worn on all dress down days!

Except on Halloween :)

Wednesday, Oct. 24th

Hats off to being drug free

- Wear hats to promote living drug-free lives
- Activities:
 - Students will tape a red balloon to their locker if they know someone who has been affected by drugs
 - Bake sale @ break (Health Science Club)

Monday, Oct. 29th

Don't be a statistic

- SADD members will wear designated color (1 black shirt for every 9 red shirts) - "1 out of 10 people struggle with some form of substance abuse"
- Activities:
 - Bake sale @ break (SADD)

Thursday, Oct. 25th

Be a decent human

- Students wear RRW bracelets - "We are dedicated to making this a bully-free school"
- Activities:
 - Students who sign a banner promoting drug-free living will receive a RRW bracelet

Tuesday, Oct. 30th

Give drugs the boot

- Wear your favorite or craziest boots
- Activities:
 - Students bring in brown bags for struggling members of the community

Friday, Oct. 26th

Stand strong against drugs

- Wear camo or military shirts (A study that involved more than 675,000 active duty personnel found that the rate of substance abusing veterans has now also increased among active members of the armed forces)
- Activities:
 - Musical chairs @ break for the chance to win a prize

Wednesday, Oct. 31st

Don't be afraid to say no

- Wear Halloween costumes (Costumes must be in compliance with the dress down day rules)
- Activities:
 - Teacher pie-in-the-face @ 2 pm